

# **Sujata S. Balulad, MD**

**Board Certified Cardiologist and Electrophysiologist**

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# Training

**Fellowship in Clinical Cardiac Electrophysiology :**  
**Icahn School of Medicine at Mount Sinai Hospital, NY, NY**  
**Lahey Hospital and Medical Center, Burlington, MA**

**Fellowship in Cardiovascular Disease :**  
**Albany Medical Center Hospital, Albany, NY**  
**Stratton Veteran's Administration Medical Center, Albany, NY**

**Residency in Internal Medicine :**  
**Albany Medical Center Hospital, Albany, NY**  
**Stratton Veteran's Administration Medical Center, Albany, NY**

**Medical School :**  
**Topiwala National Medical College, Mumbai, India**



# Monitoring your heart rhythm

**What is the most common rhythm issues that needs to be monitored?**

**Why monitoring is important?**

**We are discussing about new gadgets we have today that can be used for our benefit.**

**We will discuss how we can maximize the usage of such gadgets like iECG and Kardia mobile (single lead and 6 lead).**

# What is Atrial Fibrillation?

**Atrial Fibrillation is a type of an irregular heart rhythm, or arrhythmia that occurs when the upper chambers of the heart beat out of sync with the lower chambers. It is a leading cause of stroke and can be difficult to detect because it is often not associated with any symptoms. Early diagnosis and treatment can help prevent complications**

**Undetected AF can have potentially life-threatening consequences.**

# AF and Stroke

Patients with **AFib** have more than double the risk of a suffering a **stroke**.



**AFib & Stroke**  
know the connection